

TRAVEL VACCINATIONS

If you're planning to travel outside the UK, you may need to be vaccinated against some of the serious diseases found in other parts of the world.

You should seek advice from a pharmacy or a private travel clinic at least 8 weeks before you're due to travel. You can also go on line to ascertain what you require <https://www.fitfortravel.nhs.uk/home> or <https://www.masta-travel-health.com>.

We will provide you with a summary of your previous vaccinations as per the medical records we hold for you.

Some vaccines need to be given well in advance to allow your body to develop immunity.

And some vaccines involve a number of doses spread over several weeks or months.

You may be more at risk of some diseases, for example, if you're:

- travelling in rural areas
- backpacking
- staying in hostels or camping
- on a long trip rather than a package holiday.

If you have a pre-existing health problem, this may make you more at risk of infection or complications from a travel-related illness.

Kinmylie Medical Practice is only able to supply NHS vaccinations; if you require the NHS vaccinations simply return to the practice, with the section below completed, and book the next available appointment with a Practice Nurse. If the next available appointment is not soon enough for your travel needs then you will need to pay for the injections at the travel clinic or pharmacy.

Name:

Address:

Date of Birth:

I have attended a travel advice service and they have recommended I have the following vaccinations (Please tick).

- Diphtheria, polio and tetanus (combined booster)**
- Hepatitis A**
- Typhoid**

Signed:

Date: